



BREAKAWAY

SINCE 1976



Editor Bobby Skedsmo No.51

May 2007



President's Message

Welcome to the year of 2007. We just had our world Deaf cycling championship not too long ago in San Francisco with many memories. Most of us went home abroad to continue cycling and in the hopes to compete again in the Deaflympics - Taipei 2009. Some of us ran into each other at Winter Deaflympics in Salt Lake City - February 2007 and had a nice reunion. During the

spring season, some of us are competing at the local levels to continue training in hopes to enhance the try-out performance. Try-outs will be declared soon by the future new USA road coach. We, the board of USDCA, are preparing a document to present a proposal to USADSF to accept our new road coach for Taiwan 2009. We received two candidates who had applied for the coaching position and one withdrew his candidate due to other commitment. We will announce the new road coach very soon.

By the way, Cycling is one of our global resolutions to prevent the global warming. The movie "An Inconvenient Truth" by Al Gore is a summary of our future planet's woes. We are contributing our part to reduce the global warming by being a cyclist! It's time for us to encourage our friends, families and neighbors to try cycling. Today was "Bike to Work" day in Washington, DC and many of us rode to the Freedom Plaza which was located next to the White House. There were over hundreds of people on their bikes in the early morning riding to work from their homes. Can you image if many of us ride our bike to work daily? We probably would make a healthier planet!

In the near future, USDCA will help and prepare the new cycling coach with the try-outs, preparation for the Deaflympic games and represent well in our next USADSF meeting.

Have a wonderful summer,
Cycling Yours, Bev Buchanan



Nick Schreiber

Nick Schreiber who won the general classification at the 12th World Deaf Cycling Championships had his first win of the new season last April 7 at the University of Arizona Criterium. His father Jay enclosed a picture because he thought that you'd be interested noting his jersey. His team had it made especially for him. Rainbow stripes of World Champion! This is a Mason Ibas photograph and he hoped it will be published in the paper.

California Coast Trip

Robin Horwitz of the California Deaf Wheelers is spearheading the California Coast Trip with an assistance of Hawk Relay. The Hawk Relay has agreed to generously support the Training Camp for deafies only. This means we'll get Hunter Allen to fly in and work with deaf cyclists for FREE!

Most of you may not know who Hunter Allen is but currently he's part of a coaching group that coaches a total of 3 Tour De France teams. Robin is in the process of trying to identify which weekends that would work the best for deaf cyclists and Hunter but a good number of people have responded about the California Coast Trip so far.

Pro Seminar for Deaf Cyclists Coming to California

Fremont, CA - (April 23, 2007) Deaf cyclists from all over the country will have the opportunity to participate in a top-notch training seminar during the weekend of May 18-21. This seminar is sponsored by Hawk Relay.

The seminar will cover the basics of training for deaf cyclists of all levels, from those who are interested in getting into shape to those who strive to compete professionally. Peaks Coaching Group, widely recognized by the cycling community as expert coaches, will lead the seminar every step of the way along with sign language interpreters.

Hunter Allen, owner of the Peaks Coaching Group who has been coaching elite cyclists since 1995, will personally be involved. , "I am excited to be a part of this event and feel honored to be able to promote and help deaf cyclists improve their cycling abilities. It's important to The Peaks Coaching Group that we help others become more and more successful in their cycling and in life, and this seminar will be a great way to work with such an outstanding group of people." His former and current athletes have won more than 600 national professional races and medals. Additionally, his proprietary software is in use by three current Tour de France teams.

The city of Fremont is no stranger to the deaf and cycling communities. Not only is California School of the Deaf located in Fremont and the entire Bay Area region popular with cyclists, the 2006 World Deaf Cycling Championships was held in venues throughout the Bay Area and saw unprecedented participation from 12 nations.

The weekend-long seminar will consist of lectures on training techniques given by Hunter Allen and Robin Horwitz, a deaf coach certified by USA Cycling; group rides of 30-60 miles through the scenery of Northern California; and social programs.

"While cycling is a popular sport, participation rate among deaf and hard of hearing individuals historically has been very low and many programs are inaccessible," remarked Samuel Hawk, owner of Hawk Relay. "Hawk Relay is pleased to make possible this ground-breaking opportunity for deaf and hard of hearing individuals interested in cycling."

Registration is free and opens immediately. To register, please contact Robin Horwitz at robin@peakscoachinggroup.com.

Peaks Coaching Group is owned by Hunter Allen and provides coaching, camps and seminars to all types of cyclists all over the world. For more information, go to <http://www.peakscoachinggroup.com>.

Hawk Relay provides video and Internet relay services for the deaf and hard of hearing. For more information, go to <http://www.hawkrelay.com>.

Robin Horwitz



dVELO in New York

The dVELO cycling club continues to be active for those who live in the DC Metro. They participated in Bike New York's 30th Annual ride, the largest mass cycling event in the USA. The ride started at Battery Park in Manhattan. These 15 riders joined 30,000 other riders on a 42 mile (68km) traffic-free route through New York City's five boroughs. Look for more information at www.dvelo.com

dVELO has done many wonderful rides for the members.

Cycling Club Application

The following criteria in establishing a bike club is required to meet the minimum.

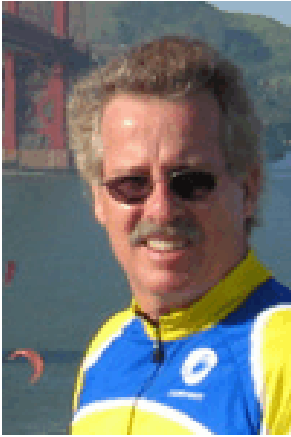
1. Three members or more to start
2. Club is required to pay \$6 affiliate fee per year
3. Individual Membership is \$5 as required which will go to USDCA.

Note: Fee for club functions is the club's decision. By joining the USDCA, you will receive the following benefits:

1. club will be recognized as an official body across the nation,
2. seal of prestige, reputation and honor,
3. ability to communicate among the local and national members,
4. opportunity to qualify for the national / development team, and
5. placing your club activities in our Breakaway publication.
- 6.

Find this club membership application at
<http://www.usdeafcycling.org/cyclubs2.htm>

Notes from Secretary-Treasurer



Skedsmo would like to report the financial result regarding our recent world cycling championships expenses.

\$26,670.40 - total income
\$26,758.83 - total expense
minus <\$88.43>

There is only one outstanding check that has never been deposited. It was made to the USA Cycling for USCF club membership. If the check was void, the balance should have been in the plus of \$61.57. I think that we, the organizing committee, did a very good job. Here is the "High Five" applause!

USDCA Development Funds

Road Bike Fund \$85.49
Mountain Bike Fund \$63.26

As of May 28, 2007, the **USDCA treasury** has a balance of \$3007.21. Please note the annual report in the back of this newsletter.

USDCA Annual Membership Renewal

Thank you for your extraordinary support of our cycling mission and interest for future generations. You're a valued member of the US Deaf Cycling Association. That's why we want you to renew your membership. We also want to remind you that with our fiscal year beginning January 1, it's time to renew your membership in USDCA. Please take a moment to check out the web-based membership application at
<http://www.usdeafcycling.org/applic-2.htm>

For over one fourth of a century, USDCA has steadily grown and improved in every respect to serve the members.... we simply cannot succeed without your renewed support. Thank you for renewing promptly!

USDCA Officers

President:

Bev Buchanan beverly.buchanan@gallaudet.edu

Vice-President:

Robin Horwitz robinhorwitz@gmail.com

Secretary-Treasurer:

Bobby Skedsmo secretary-treasurer@usdeafcycling.org

Road Bike Technical Director

Ralph Fernandez
ralph@fernande.com

Mountain Bike Technical Director

John Nordstrand
johnvail1@comcast.net

U.S.D.C.A.

Beverly Buchanan
800 Florida Avenue N.E.
Washington, D.C. 20002

Website: <http://www.usdeafcycling.org>

USDCA BUDGET By Year 2006

1/1/2006 Through 12/31/2006

5/28/2007

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Category Description	1/1/2006- 12/31/2006	% of Total	OVERALL TOTAL
INCOME			
Club Affiliate	12.00	3.14 %	12.00
Membership	370.00	96.86 %	370.00
TOTAL INCOME	382.00	100 %	382.00
EXPENSES			
Affiliation Due	100.00	26.18 %	100.00
Annual Due	20.00	5.24 %	20.00
Bank Charge	6.55	1.71 %	6.55
Charity	75.00	19.63 %	75.00
Transfer to Mountain Bike Fund	63.25	16.56 %	63.25
Transfer to Road Bike Fund	63.26	16.56 %	63.26
Web Hosting	53.94	14.12 %	53.94
TOTAL EXPENSES	382.00	100 %	382.00
OVERALL TOTAL	0.00	100 %	0.00

USDCA DEVELOPMENT FUNDS

6/30/1986 Through 5/28/2007

5/28/2007

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6/30/1986-
5/28/2007

Category Description

INCOME

Mountain Bike Fund	63.26
Road Bike Fund	85.49

TOTAL INCOME	148.75
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OVERALL TOTAL	148.75
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[] denotes that they are not members of affiliated club.

* (RR) Recreational Road - (RM) Recreational Mountain
 (CR) Competition Road - (CM) Competition Mountain - (S) Support
USDCA Membership 2006

Member	City	State	* Type	Cycling Club	Member since
Skedsmo, Bobby	Pittsburg	California	RR	California Deaf Wheelers	June 1975
Morrison, Bob	Fremont	California	RR	California Deaf Wheelers	July 1975
Wood, Paul	Fishers	Indiana	CR	dVELO	January 1998
Fleischer, Larry	Granada Hills	California	S		September 1990
Bernstein, Ethan	Fremont	California	RR	California Deaf Wheelers	January 1998
Skedsmo, Francine	Pittsburg	California	S	California Deaf Wheelers	January 1998
Farnady, Mike	Livermore	California	RR	California Deaf Wheelers	January 1998
Schreiber, Nicholas	Tuscon	Arizona	CR	[Flagstaff Velo Racing Team]	January 1998
Staubach, Scott	Charlotte	North Carolina	CR	dVELO	January 1998
Lamberton, Jack	Fremont	California	RR	California Deaf Wheelers	June 1998
Nordstrand, John	Vail	Colorado	RM		February 1999
Greegor, Joey	Frederick	Maryland	CR/CM	dVELO	February 1999
Koetz, Graham	Warm Springs	California	CR	California Deaf Wheelers	June 2000
Buchanan, Bev	Washington	DC	RR/RM	dVELO	June 2000
Kosa, Trevor	Sioux Falls	South Dakota	CR	[Unattached]	June 2000
McLean, Johnny	Fishers	Indiana	CR	[MOB Squad]	January 2001
Lally, Shannon	Baltimore	Maryland	RR	dVELO	January 2002
Horwitz, Robin	Hayward	California	CR	California Deaf Wheelers	January 2002
Langbein, Wayne	Frederick	Maryland	CM	dVELO	April 2002
Cordy, Charles	Port Orchard	Washington	RR		June 2000
Nordstrand, Tammy	Vail	Colorado	S		August 2000
Crowley, Brian	Berkeley	California	RR		March 2003
Metz, Andrew	Rocklin	California	CR	California Deaf Wheelers	June 2003
Smith, Laura	Gaithersburg	Maryland	RR/RM	dVELO	August 2003
Idler, Matt	Roseville	California	CR	[Cycling-Training.Com / ARPT]	January 2004
Murillo, Tom	Fremont	California	RC	California Deaf Wheelers	April 2004

Osbrink, Rory	Pleasanton	California	CR	California Deaf Wheelers	April 2004
Fernandez, Ralph	Rockville	Maryland	CR/CM	dVELO	January 2005
Burke, Christian	Greenbelt	Maryland	CM/RR	dVELO	January 2005
Major, Jean-Marc	Quebec	Canada	CR	[Velo2 Max TR (RP)]	January 2005
Sluyter, Patrick	Gold Canyon	Arizona	CR/CM	[Arizona State University]	March 2005
Schneider, David	Edmonton	Canada	RR		March 2006
Daniels, Toby	Fremont	California	RR	California Deaf Wheelers	March 2005
Liedike, Charles	West Chester	Pennsylvania	CR	[West Chester Cycling Club]	June 2005
Godsey, Scott	Tacoma	Washington	RR		January 2006
Harnish, Daniel	Fremont	California	RR		January 2006
Commerson, Ryan	Washington	DC	CR	dVELO	January 2006
Hess, Craig	Seattle	Washington	CM		January 2006
Ribera, Reyes	Fremont	California	RR		January 2006
Myers, Michael	Middleburg	Florida	CR		January 2006
Cheney, Henry	Redondo Beach	California	S		January 2006
Feretich, Jennifer	Cardiff (SD)	California	RR		January 2006
MacAulay, Michael	Pleasanton	California	RR/RM		January 2006
Cesone, Dennis	Bethesda	Maryland	RR	dVELO	March 2006
Frelich, Daryl	Adamstown	Maryland	RR	dVELO	March 2006
Hoffman, Dan	Austin	Texas	RR	dVELO	March 2006
Hourihan, Reyes	Columbia	Maryland	RR	dVELO	March 2006
Hourihan, Sean	Columbia	Maryland	RR	dVELO	March 2006
Park, Sung	Washington	DC	RR	dVELO	March 2006
Salaway, Tracey	Washington	DC	RR	dVELO	March 2006
Schooley-Fernandez, Trina	Rockville	Maryland	RR	dVELO	March 2006
Snow, David	St Augustine	Florida	CR	dVELO	March 2006
Un, Peter	Chevy Chase	Maryland	RR	dVELO	March 2006
Youens, Sheri	Chevy Chase	Maryland	RR	dVELO	March 2006
Christianson, James	Bellingham	Washington	CM		March 2006
Floyd, Jeremy	Tallahassee	Florida	CM		April 2006
Maxwell, Teresa	Riverside	California	RR		April 2006
Barnes, Jonathan	Alexandria	Virginia	RR	dVELO	April 2006
Benedict, Dwight	Germantown	Maryland	RR	dVELO	April 2006
Bowie, Chuck	College Park	Maryland	RR/RM	dVELO	April 2006
Cesone, Cindi	Bethesda	Maryland	RR	dVELO	April 2006

Cregan, Dennis	Washington	DC	RR/RM	dVELO	April 2006
Crider, Summer	Gainesville	Florida	RR/RM	dVELO	April 2006
Hanrahan, Susan	Colombia	Maryland	RR	dVELO	April 2006
Hanrahan, Craig	Colombia	Maryland	RR	dVELO	April 2006
Iwasaki, Chie	Washington	DC	RR	dVELO	April 2006
Kennedy, Parker	Besthesda	Maryland	RR	dVELO	April 2006
McKeever, John	Odenton	Maryland	RR	dVELO	April 2006
von Garrel, Conrad	Smithsburg	Maryland	RM	dVELO	April 2006
Whitmore, Devon	Chicago	Illinois	RR	dVELO	April 2006
Bonds, Eric	Laurel	Maryland	RR/RM	dVELO	May 2006
Edwards, Gail	Germantown	Maryland	RR	dVELO	May 2006
Parks, Shari	Arbutus	Maryland	RR	dVELO	May 2006
Penny, Jonathan	Washington	DC	RR	dVELO	May 2006
Dashuwar, Dayak	Washington	DC	RR	dVELO	May 2006
Ikegami, Makoto	Washington	DC	RR	dVELO	May 2006
Crockett, Autureo	Washington	DC	RR	dVELO	May 2006
Harris, Raychelle	Washington	DC	RR	dVELO	July 2006
Hallenberg, Billy	Fremont	California	RR		July 2006
Giraldo, Dora	Gaithersburg	Maryland	RR	dVELO	August 2006
Suiter, Richard	Ranson	West Virginia	RR	dVELO	August 2006
Martin, Barbara	Gaithersburg	Maryland	RR	dVELO	August 2006
Bowers, Shane *	Salem	Oregon	RR	dVELO	September 2006
Catron, Dennis *	Indianapolis	Indiana	CM	dVELO	September 2006
Catron, Ryan *	Indianapolis	Indiana	CM	dVELO	September 2006
Holliday, Richard *	Issaquah	Washington	RR	dVELO	October 2006
Jones, Dexter *	St Augustine	Florida	RR/RM	dVELO	October 2006
Moore, Dick *	Beltsville	Maryland	RR	dVELO	October 2006
Golightly, Mike *	Washington	DC	RR/RM	dVELO	October 2006
Golightly, Jane *	Washington	DC	RR/RM	dVELO	October 2006
Robinson, Curt *	Windsor	Connecticut	RR/RM	dVELO	October 2006
Weiss, Jenni *	Riverside	California	RR	dVELO	October 2006
Baldiviez, Mark *	Riverside	California	RR/RM	dVELO	October 2006
Bernstein, Ethan *	Fremont	California	RR	dVELO	October 2006